Friday September 16th: Hawaiian Menu

Key: (VG) = Vegan, (V) = Vegetarian, (H) = Halal

Salads
Plant-Based Macaroni Salad* (VG) (H)
Contains: Wheat/gluten

Grilled Pineapple Salad with Romaine* (VG)
Contains: no major allergens

Entrees
Huli Huli Chicken*
Contains: Wheat/gluten, soy, and lactic acid

Tofu Poke* (VG)
Contains: Wheat/gluten, sesame, soy, and alcohol

Sides
Citrus Glazed Rainbow Carrots* (V) (H)
Contains: no major allergens

Vegetable Fried Rice* (VG) (H)
Contains: Wheat/gluten, soy, and sesame

Dessert
Oatmeal Raisin Cookies* (VG)
Contains: Wheat/gluten and alcohol

Special Diet Items available upon request at register:
Grilled Chicken Breast with white rice and asparagus* (H) Contains: no major allergens
Citrus Tofu with white rice and asparagus* (VG) Contains: soy and alcohol

*Comprehensive ingredients may be found at the end of the menu document
Saturday September 17th: Burger Menu
Key: (VG) = Vegan, (V) = Vegetarian, (H) = Halal

Salads and Sides
Old Fashioned Potato Salad* (VG)
Contains: no major allergens

Sliced Watermelon (VG) (H)
Contains: no major allergens

Roasted Cauliflower* (VG)
Contains: no major allergens

Burger Toppings (lettuce, onion, tomato, pickles) (VG) (H)
Contains: no major allergens

Burgers
Harris Ranch Halal Beef & Mushroom Cheeseburger with Sesame Bun* (H)
Contains: Wheat/gluten, dairy, soy, and sesame

Buffalo Chickpea Burger with Sesame Bun* (VG) (H)
Contains: Wheat/gluten, soy, and sesame

Dessert
Chocolate Chip Brownies* (V)
Contains: Wheat/gluten, dairy, egg, soy, tree nuts, peanuts, and alcohol

Special Diet Items available upon request at register:
Grilled Chicken Breast with white rice and asparagus* (H) Contains: no major allergens
Citrus Tofu with white rice and asparagus* (VG) Contains: soy and alcohol

*Comprehensive ingredients may be found at the end of the menu document
Sunday September 18th: Taco Bar
Key: (VG) = Vegan, (V) = Vegetarian, (H) = Halal

Salads
Black Bean and Corn Salad* (V) (H)
Contains: Dairy

Fruit and Jicama Salad* (VG) (H)
Contains: no major allergens

Tacos
Beef Barbacoa Taco*
Contains: no major allergens

Portobello Mushroom Fajita Taco* (VG) (H)
Contains: Wheat/gluten and soybean oil

Sides and Optional Salsa Bar Toppings
Cilantro Rice* (VG) (H)
Contains: no major allergens

Chipotle Pinto Beans* (VG) (H)
Contains: no major allergens

Optional Toppings: Salsa Verde* (VG) (H), Pico De Gallo* (VG) (H), Queso Fresco (V) (H), Onion-Cilantro mix (VG) (H)
Queso fresco contains dairy. Salsa verde, Pico de Gallo, and onion/cilantro mix contain no major allergens.

Dessert
Lemon cookie* (VG)
Contains: Wheat/gluten and alcohol

Special Diet Items available upon request at register:
Grilled Chicken Breast with white rice and asparagus (H) Contains: no major allergens
Citrus Tofu with white rice and asparagus (VG) Contains: soy and alcohol

*Comprehensive ingredients may be found at the end of the menu document
Monday September 19th: Classic BBQ
Key: (VG) = Vegan, (V) = Vegetarian, (H) = Halal

Salads
Cilantro Coleslaw* (VG)
Contains: no major allergens

Watermelon Mango Mint Salad* (VG) (H)
Contains: no major allergens

Entrées
Garlic Rosemary Chicken* (H)
Contains: no major allergens

BBQ Falafel Balls* (VG) (H)
Contains: Wheat/gluten, prepared in a shared fryer that may not be allergy-free

Sides
Roasted Baby Potatoes* (VG) (H)
Contains: no major allergens

Steamed Corn on the Cob* (VG) (H)
Contains: no major allergens

Dessert
Chocolate Chip Cookie* (VG) (H)
Contains: Wheat/gluten

Special Diet Items available upon request at register:
Grilled Chicken Breast with white rice and asparagus* (H) Contains: no major allergens
Citrus Tofu with white rice and asparagus* (VG) Contains: soy and alcohol

*Comprehensive ingredients may be found at the end of the menu document
INGREDIENTS LIST

SALADS AND SIDES

**Macaroni Salad (VG) (H)** 1/2in Diced Celery, Vegan Mayonnaise (expeller pressed canola oil, water, organic distilled vinegar. Contains less than 2% of salt, modified food starch, cane sugar, spice, natural flavor, lemon juice concentrate, calcium disodium EDTA, oleoresin paprika), 1/4in Diced Red Onions (1/4in Diced Red Onions), Sweet Green Pickle Relish (pickles, high fructose corn syrup, corn syrup, distilled vinegar, salt. Contains less than 2% of xanthan gum, spices, sodium benzoate, natural flavor, dehydrated red pepper, turmeric, polysorbate 80), Shredded Orange Carrots, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Shaker Ground Black Pepper), Elbow Macaroni Noodles 10LB (Water, durum wheat semolina, niacin, ferrous lactate, thiamin mononitrate, riboflavin, folic acid)

**Grilled Pineapple Salad with Romaine (VG)** Chopped Romaine Lettuce, Fresh Pineapple Spears, Matchstick Carrots, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Mango Chunks, Lime Juice, Natural Rice Wine Vinegar, Dark Brown Sugar, Fresh Whole Mint Leaves, Agave Nectar Lite Syrup, Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Chinese Five Spice, Dried Crushed Red Pepper Flakes

**Citrus Glazed Rainbow Carrots (VG) (H)** Baby Rainbow Carrots, Agave Nectar Lite Syrup, Honey, Extra Virgin Olive Oil, Lemon Juice, Lime Juice, Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Fresh Italian Parsley Sprigs

**Vegetable Fried Rice (VG) (H)** Parboiled White Long Grain Rice (long grain parboiled rice, iron, niacin, thiamin, folic acid), Peeled Edamame, Frozen Peas and Carrots, 1/4in Diced Yellow Onions, 1/4in Diced Green Onions, Regular Soy Sauce (water, soybeans, wheat, salt. Contains less than 1% of sodium benzoate), Sesame Oil, Canola Salad Oil, Chopped Ginger, Ground White Pepper

**Old Fashioned Potato Salad (VG)** 1/2in Diced Peeled Red Potatoes, 1/4in Diced Celery, Vegan Mayonnaise (expeller pressed canola oil, water, organic distilled vinegar. Contains less than 2% of salt, modified food starch, cane sugar, spice, natural flavor, lemon juice concentrate, calcium disodium EDTA, oleoresin paprika), 1/2in Diced Red Bell Peppers, Yellow Mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, spice, natural flavor, garlic powder), White Wine Vinegar (white wine vinegar, potassium metabisulfite, water), Red Wine Vinegar (red wine vinegar, potassium metabisulfite, diluted with water to 5% acidity), Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Shaker Ground Black Pepper

**Roasted Cauliflower (VG)** Fresh Cauliflower Florets, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Shaker Ground Black Pepper
Black Bean and Corn Salad (V) (H) Canned Black Beans (prepared black beans, water, salt, calcium chloride, ferrous gluconate), Frozen Yellow Corn Kernels, Whole Roma Tomatoes, 1/2in Diced Tomatoes, Canned Crushed Tomatoes (tomatoes, tomato puree, sea salt, citric acid), Queso Fresco, Canned Diced Green Chilis (green chiles, salt, citric acid, calcium chloride), 1/4in Diced Red Onions, 1/4in Diced Jalapeno Peppers, Lemon Juice, Fresh Cilantro Sprigs, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Shaker Ground Black Pepper, Ground Cumin

Fruit and Jicama Salad (VG) (H) Fresh Fruit Salad (pineapple, grape, melon), Frozen Mango Chunks, 1/2in Diced Peeled Jicama, Tajin Seasoning (chili peppers, sea salt, dehydrated lime juice, silicon dioxide)

Cilantro Rice (VG) (H) Water, Dried White Long Grain Rice, 1/4in Diced Yellow Onions, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Fresh Cilantro Sprigs, Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Ground Cumin, Ground White Pepper, Whole Peeled Garlic Cloves

Chipotle Pinto Beans (VG) (H) Canned Pinto Beans (pinto beans, water, salt, calcium chloride, calcium disodium EDTA), Water, 1/2in Diced Green and Red Bell Peppers, 1/2in Diced Yellow Onions, Lemon Juice, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Chipotle Peppers in Adobo Sauce (water, tomato paste, dried Chipotle peppers, distilled vinegar, corn oil. Contains 2% or less of iodized salt, potassium iodate, corn starch, onion powder, garlic powder, spices), Coarse Flake Kosher Salt (salt, yellow prussiate of soda)

Salsa Verde (VG) (H) Whole Cleaned Tomatillos, 1/4in Diced Yellow Onions, Lemon Juice, Fresh Whole Green Jalapeno Peppers, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Fresh Cilantro Sprigs, Fresh Whole Serrano Peppers, Whole Peeled Garlic Cloves

Pico De Gallo (VG) (H) 1/2in Diced Tomatoes, 1/4in Diced Red Onions, 1/4in Diced Jalapeno Peppers, Lemon Juice, Water, Fresh Cilantro Sprigs, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate)

Cilantro Coleslaw (VG) Vegan Fine Granulated White Sugar, Fresh Shredded Green Cabbage, Whole Avocados, Vegan Mayonnaise (expeller pressed canola oil, water, organic distilled vinegar. Contains less than 2% of salt, modified food starch, cane sugar, spice, natural flavor, lemon juice concentrate, calcium disodium EDTA, oleoresin paprika), Fresh Whole Limes, White Wine Vinegar (white wine vinegar, potassium metabisulfite, water), Apple Cider Vinegar (apple cider vinegar, diluted with water to 5% acidity), Fresh Cilantro Sprigs, Tajin Seasoning (chili peppers, sea salt, dehydrated lime juice, silicon dioxide), Coarse Flake Kosher Salt (salt, yellow prussiate of soda)
**Watermelon Mango Mint Salad (VG) (H)** Watermelon Spears, Frozen Mango Chunks, Extra Virgin Olive Oil, Fresh Whole Mint Leaves

**Roasted Baby Potatoes (VG) (H)** Quartered Skin-on Red Potatoes, Lemon Juice, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Fresh Italian Parsley Sprigs, Fresh Thyme Sprigs, Dried Mediterranean Oregano Leaves

**Steamed Corn on the Cob (VG) (H)** Fresh Yellow Corn, Water

**ENTREES**

**Huli Huli Chicken** Fresh Raw Bone-in Halal Chicken Thigh, Fancy Ketchup (tomato concentrate, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring), Canned Pineapple Juice From Concentrate, Light Soy Sauce (water, soybeans, wheat, salt, lactic acid. Contains less than 1% of sodium benzoate), Vegan Fine Granulated White Sugar, Superior Dark Soy Sauce, Chopped Ginger, Liquid Hickory Smoke (water, natural liquid smoke, polysorbate 80), Sriracha Sauce (salted red chili pepper, pepper [red chili pepper, salt], sugar, garlic salt, water, acetic acid, lactic acid, xanthan gum, citric acid, potassium sorbate, ascorbic acid), Vegan Light Brown Sugar, Whole Peeled Garlic Cloves, Natural Rice Wine Vinegar, Coarse Ground Black Pepper, Shaker Ground Black Pepper

**Tofu Poke (VG)** Firm Tofu, Vegan Mayonnaise (expeller pressed canola oil, water, organic distilled vinegar. Contains less than 2% of salt, modified food starch, cane sugar, spice, natural flavor, lemon juice concentrate, calcium disodium EDTA, oleoresin paprika), Water, Fresh Cilantro Sprigs, Frozen Wakame (Seaweed Salad), Cilantro Micro Greens, Lime Juice, Bubu Arare (Rice Cracker Pearls) (sweet rice flour, salt, seaweed, millet jelly), Nori Goma Furikake (sesame seeds, salt, seaweed, monosodium glutamate, sugar, sweet wine [water, rice, malted rice], lactose, dextrin, soy sauce [water, soybeans, wheat, sat], green tea powder), Chopped Ginger, Whole Peeled Garlic Cloves, 1/4in Diced Red Onions, Coarse Flake Kosher Salt (salt, yellow prussiate of soda)

**Harris Ranch Halal Beef & Mushroom Cheeseburger (H)** Mushroom Beef Patty Harris Ranch (ground beef, mushrooms, expeller pressed canola oil, black pepper, salt), 4in Plain with Sesame Seeds Hamburger Bun (enriched unbleached wheat flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitate, riboflavine, folic acid], water, sugar, yeast, soybean oil. Contains 2% or less of vital wheat gluten, salt, ammonium sulfate, sodium stearoyl lactylate, ascorbic acid, monocalcium phosphate, calcium sulfate, enzymes, calcium propionate, sesame seeds), American Cheese (milk, cream, water, sodium citrate, salt, cheese culture, sorbic acid, citric acid, enzymes, soy lecithin, apo carotenal, beta carotene), Sesame Bun (enriched unbleached wheat flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitate, riboflavine, folic acid], water, sugar, yeast, soybean oil. Contains 2% or less of vital wheat gluten,
Salt, ammonium sulfate, sodium stearoyl lactylate, ascorbic acid, monocalcium phosphate, calcium sulfate, enzymes, calcium propionate, sesame seeds)

**Buffalo Chickpea Burger with Sesame Bun (VG) (H)** Canned Garbanzo Beans (prepared chickpeas, water, salt, calcium chloride, disodium EDTA), 4in Plain with Sesame Seeds Hamburger Bun (enriched unbleached wheat flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], water, sugar, yeast, soybean oil. Contains 2% or less of vital wheat gluten, salt, ammonium sulfate, sodium stearoyl lactylate, ascorbic acid, monocalcium phosphate, calcium sulfate, enzymes, calcium propionate, sesame seeds), Water, Dried Tricolor Quinoa, Franks Red Hot Cayenne Pepper Sauce (aged Cayenne red peppers, distilled vinegar, water, salt, garlic powder), Shredded Orange Carrots, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), 1/4in Diced Red Bell Peppers, Modified Food Starch, 1/4in Diced Green Onions, Onion Powder, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Granulated Garlic, Ground White Pepper, Dried Mediterranean Oregano Leaves

**Beef Barbacoa Taco** Fresh 6mm Sliced Choice Beef Chuck Roll Neck-Off, 6in White Corn Tortillas (water, stone ground corn masa flour, stone ground fresh corn. Contains less than 2% of cellulose gum, fumaric acid, potassium sorbate, calcium propionate, propionic acid, phosphoric acid, guar gum, sorbic acid, trace of lime), Shredded Iceberg Lettuce, Frozen Avocado Pulp, 1/4in Diced Yellow Onions, Apple Cider Vinegar (apple cider vinegar, diluted with water to 5% acidity), 1/2in Diced Tomatoes, Dried Whole New Mexico Chilis, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Lime Juice, Whole Peeled Garlic Cloves, 1/4in Diced Red Onions, Ground Cumin, Shaker Ground Black Pepper, 1/4in Diced Jalapeno Peppers, Dried Dark Chili Powder (chili pepper, spices, salt, silicon dioxide, garlic), Dried Ground Cloves, Lemon Juice, Water, Dried Mediterranean Oregano Leaves, Dried Whole Thyme Leaves, Fresh Cilantro Sprigs

**Portobello Mushroom Fajita Taco (VG) (H)** 6in Flour Tortillas (enriched bleached flour [flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], water, vegetable shortening [interesterified and hydrogenated soybean oils]. Contains 2% or less of salt, baking soda, sodium acid pyrophosphate, distilled monoglycerides, enzymes, cellulose gum, fumaric acid, calcium propionate, sorbic acid), Fresh Whole Portobello Mushrooms, Julienned Tri-Color Bell Peppers, Julienned Zucchini, Julienned Red Onions, Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Onion Powder, Vegan Fine Granulated White Sugar, Lemon Pepper Spice Mix (salt, spices [black pepper], citric acid, onion, sugar, garlic, calcium stearate, silicon dioxide, calcium citrate, lemon oil, riboflavin), Granulated Garlic, Domestic Paprika (paprika, silicon dioxide), Ground Cumin, Ground White Pepper

**Garlic Rosemary Chicken (H)** Frozen Raw Bone-in Halal Chicken Thigh, Whole Peeled Garlic Cloves, Coarse Flake Kosher Salt (salt, yellow prussiate of soda), Canola and Olive Oil Blend 90/10 (canola oil, extra virgin olive oil), Domestic Paprika (paprika,
silicon dioxide), Fresh Whole Rosemary Sprigs, Shaker Ground Black Pepper, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate)

BBQ Falafel Balls (VG) (H) BBQ Sauce (sugar, distilled vinegar, water, tomato paste, molasses, modified potato starch, salt. Contains less than 2% of natural smoke flavor, mustard flour, spice, paprika, dried onion, dried garlic, caramel color, maltodextrin, chili powder [chili pepper, spice, salt, garlic], autolyzed yeast extract, natural flavor), Canned Garbanzo Beans (prepared chickpeas, water, salt, calcium chloride, disodium EDTA), Water, Panko Breadcrumbs (bleached wheat flour, shortening [palm oil], sugar, yeast, salt), Fresh Cilantro Sprigs, Dried Bulgur Wheat, Canola Oil (canola oil, dimethylpolysiloxane), Lemon Juice, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Whole Peeled Garlic Cloves, Ground Cumin, Dried Crushed Red Pepper Flakes, Shaker Ground Black Pepper

DESSERTS
Oatmeal Raisin Cookies (VG) Oatmeal, organic evaporated cane sugar, California raisins, unbleached wheat flour, sustainable RSPO palm oil shortening, grape juice, rice dextrins, pure vanilla extract, cinnamon, sea salt, baking soda

Chocolate Chip Brownies (V) sugar, vegetable oil blend [soybean, palm, and olive oils, water, salt, milk, mono- and diglycerides, soy lecithin, sodium benzoate, natural and artificial flavors, vitamin A palmitate, beta carotene], pasteurized whole eggs, wheat flour [bleached, enriched with niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], chocolate [sugar, chocolate liquor, cocoa butter, milk, soy lecithin, artificial flavor], chocolate chips [sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt, milk], cocoa powder, potassium sorbate, artificial vanilla flavor, baking soda. Per manufacturer, may contain peanuts and tree nuts

Lemon cookie (VG) Unbleached wheat flour, organic evaporated cane sugar, sustainable RSPO palm oil shortening, pure lemon extract, grape juice, rice dextrins, sea salt, baking powder

Chocolate Chip Cookie (VG) (H) Vegan Chocolate Chip Cookie (vegan chocolate chips, unbleached wheat flour, organic evaporated cane sugar, sustainable RSPO palm oil shortening, vegan molasses, grape juice, rice dextrins, sea salt, pure vanilla, baking soda)

SPECIAL DIET ITEMS
Grilled Chicken Breast with white rice and asparagus (H) Halal boneless skinless chicken breast, white Jasmine rice, fresh asparagus, Olive Oil, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Shaker Ground Black Pepper
Citrus Tofu with white rice and asparagus (VG) Firm Tofu, Olive Oil, Water, Natural Rice Wine Vinegar, Lemon Juice, Orange Juice Concentrate 5:1 (100% orange juice from concentrate. Contains pure filtered water, premium concentrated orange juice), Vegan Fine Granulated White Sugar, Dijon Mustard (mustard seeds, water, alcohol vinegar, white wine, salt, sodium bisulfite), Champagne Vinegar (white wine vinegar, naturally occurring sulfites), Fresh Basil Leaves, Fresh Italian Parsley Sprigs, Iodized Granulated Salt (salt, sodium silicoaluminate, dextrose, potassium iodine, sodium bicarbonate), Whole Peeled Garlic Cloves, fresh asparagus, white Jasmine rice